

Worlds Weekend – Itinerary

Panthers and Jags – Thursday April 28th – Monday May 2nd

**** Subject to change without notice. Please check in often with Jerry or Nicole to ensure accuracy!****

Meeting spot to be determined once we are assigned to our rooms

Hotel Information:

Disney's All Star Music Resort 1801 West Buena Vista Drive Lake Buena Vista, FL 32830 Phone: 407-939-6000

Contact Information:

Nicole Kraumanis: 905-706-3109 Jerry Mauldin: 647-309-7844 Helen Sanidas (team mom): 416-414-3573 Adrienne Lefort: 289-688-9002

Thursday April 28th, 2011

| Time | Event/Activity | Attire | Location | Who |
|-----------|---|--|--|-------------------|
| 7:30am | Meet at Airport | UCCD Track Suit with any red UCCD practice top | Toronto Pearson International Airport – Terminal 3 | Everyone |
| 10:30am | Canjet Flight #742 Departs | UCCD Track Suit with any red UCCD practice top | Toronto | Panthers and Jags |
| 1:25pm | Arrive in Orlando | UCCD Track Suit with any red UCCD practice top | Orlando International Airport | Panthers and Jags |
| 1:30pm | Lunch – Eat Fast | UCCD Track Suit with any red UCCD practice top | Orlando International Airport | Panthers and Jags |
| 3:30pm | Depart for opening ceremonies | Black T-shirt, any bottoms | Meeting Spot | Panthers and Jags |
| 4:00pm | Opening Ceremonies for the International Cheer Union | Black T-shirt, any bottoms, bring your items for the cultural exchange | Field House – Wild World of Sports | Everyone |
| 5:15pm | Stunt Competition Starts | Black T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 5:27pm | Team Canada All-Girl Stunt Group (from Vancouver All-Stars) | Black T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 6:24pm | Team Canada Co-Ed Stunt Pair (Travis and LA from UCC!!) | Black T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 7:00-7:30 | Dinner | Black T-shirt, any bottoms | Field House – Wild World of Sports | Panthers and Jags |
| 7:30-8:30 | ***Tentative*** Team Practices | Yellow T-Shirt, any bottoms | Field House – Wild World of Sports | Panthers and Jags |
| 9:10pm | Stunt Competition Awards | Black T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 9:30pm | Cultural Exchange | Black T-shirt, any bottoms | Wild World of Sports | Panthers and Jags |
| 11:00pm | Room Checks | Your choice | Hotel | Panthers and Jags |

Friday April 29th, 2011

| Time | Event/Activity | Attire | Location | Who |
|---------------|--|--|------------------------------------|-------------------|
| 9:00-10:30am | Panthers Practice | Purple T-Shirt, any bottoms | Meeting Spot | Panthers only |
| 11:30-12:15pm | Lunch | Your choice | Hotel | Panthers and Jags |
| 12:30pm | Meet to travel to Competition | Cheer Evolution T-shirt with any bottoms | Meeting Spot | Panthers and Jags |
| 1:30pm | ICU Team Competition Starts – Cheerleading | Cheer Evolution T-shirt with any bottoms | Field House – Wild World of Sports | Everyone |
| 2:10pm | Team Canada All-Girl Competes (with Nicole, Emma, Emily and Sydney from UCC!) | Cheer Evolution T-shirt with any bottoms | Field House – Wild World of Sports | Everyone |
| 2:54pm | Team Canada Co-Ed Competes (with Andrew, Spencer, Travis, LA, Argos, Dayna and Hailey from UCC!) | Cheer Evolution T-shirt with any bottoms | Field House – Wild World of Sports | Everyone |
| 3:00-4:00pm | Team Practices | Cheer Evolution T-shirt with any bottoms | Wild World of Sports | Panthers and Jags |
| 5:45pm | Awards Ceremonies for Team Competition | Your choice | Field House – Wild World of Sports | Everyone |

| | | | | |
|---------|--------------------|-------------|------------------------------------|-------------------|
| 6:45pm | Closing Ceremonies | Your choice | Field House – Wild World of Sports | Everyone |
| 8:00pm | Dinner | Your choice | Hotel | Panthers and Jags |
| 9:00pm | Team Meetings | Your choice | Coaches' Rooms | Panthers and Jags |
| 10:00pm | Room Checks | Your choice | Hotel | Panthers and Jags |

Saturday April 30th, 2011

| Time | Event/Activity | Attire | Location | Who |
|----------------|--|---|------------------------------------|-------------------|
| 6:45am | Panthers depart for competition | Uniform, Yellow T-shirt | Meeting Spot | Panthers only |
| 7:45am | Jags depart for competition | Yellow T-shirt, any bottoms | Meeting Spot | Jags |
| 8:13am | Panthers Check In | Uniform, Yellow T-shirt | Field House – Wild World of Sports | Panthers only |
| 8:58am | Panthers Compete | Yellow T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 10:00-11:00am | Jags Practice | Yellow T-shirt, any bottoms | Wild World of Sports | Jags |
| 11:30am | Panthers Finalists Announcements | Yellow T-shirt, any bottoms | Field House – Wild World of Sports | Everyone |
| 12:00pm | Team Lunch | Your choice – this is our 'fancy team meal' | Somewhere in Disney | Panthers and Jags |
| 2:00pm-10:00pm | Free time – if your family is in Orlando, this is time for a visit, if not, you will be planning your afternoon with your coaches/team mom | Your choice | Wherever | Everyone |
| 10:00pm | Room Check | Your choice | Hotel | Panthers and Jags |

Sunday May 1st, 2011

| Time | Event/Activity | Attire | Location | Who |
|-----------------|--|--------------------------------------|--|----------------------------|
| 8:00am – 9:30am | Panthers Finalist Competition Starts (exact times depend on Results from Saturday's competition) | Green or Purple T-shirt, any bottoms | Field House – Wild World of Sports | Panthers and then Everyone |
| 8:30am | Meeting time | Green or Purple T-shirt, any bottoms | Meeting Spot | Everyone |
| 10:17am | Jags Check in | Green T-shirt, uniform | Josten's Center – Wild World of Sports | Jags |
| 11:02am | Jags Compete | Green or Purple T-shirt, any bottoms | Josten's Center – Wild World of Sports | Everyone |
| 12:00-1:00pm | Lunch | Green or Purple T-shirt, any bottoms | Wild World of Sports | Panthers and Jags |
| 1:00pm-6:00pm | TENTATIVE – Panthers Free time | Your choice | Disney | Panthers Only |
| 1:00pm-9:00pm | Jags at competition venue | Green T-shirt, any bottoms | Wild World of Sports | Jags |
| 3:50pm | Jags Finalist Announcement | Green or Purple T-shirt, any bottoms | Josten's Center – Wild World of Sports | Everyone |
| 3:50pm – 8:45pm | Jags Finalist Competition Starts | Green or Purple T-shirt, any bottoms | Josten's Center – Wild World of Sports | Everyone |
| 9:30pm-12:00am | Block Party | Your choice | Disney | Panthers and Jags |

Monday May 2nd, 2011

| Time | Event/Activity | Attire | Location | Who |
|---------|---|---|---------------------------------|---|
| 8:00am | Pick-up at Hotel | Your choice | Disney All-Star Resorts – Music | Panther Athletes not travelling with team back to Toronto |
| 8:30am | Boarding the Disney Magical Express for the Orlando International Airport | Black T-shirt, any bottoms, track suit jacket | Disney All-Star Resorts – Music | Panthers and Jags |
| 12:25pm | Sunwing Airlines Flight #027 Departs Orlando | Black T-shirt, any bottoms, track suit jacket | Orlando International Airport | Panthers and Jags |
| 3:10pm | Arrival in Toronto | Black T-shirt, any bottoms, track suit jacket | Toronto International Airport | Panthers and Jags |

Packing List

In your UCCD Tote Bag

- ★ Shoes
- ★ White socks
- ★ Uniform Top
- ★ Uniform Bottom
- ★ Bow
- ★ Yellow Shirt
- ★ Black Shirt
- ★ Purple Shirt
- ★ Red Shirt
- ★ Passport
- ★ Practice bow (if you have one)

In your suit case:

- Several pairs of shorts for practice times
- Several t-shirts
- Shorts
- Other bottoms
- Hat (its 30+ degrees every day this week!)
- Underwear (top and bottom – whatever you need!)

- Socks
- Swim suit
- Sunscreen
- A nice outfit to wear to the Team Lunch
- Hair supplies (pins, elastics, hair dryer, straightener, etc)
- Fake eyelashes (if applicable)
- Pajamas
- Alarm clock (or arrange a wake up call)
- Toiletries (especially a tooth brush!)
- Canadian stuff to trade in the cultural exchange (including extra t-shirts from UCC)
- Healthy snacks (granola bars and fruit bars travel well – please make sure these are nut free)
- Water bottle
- Camera

Items to leave at home

- X Cell phone (unless you plan on purchasing a plan for use abroad)
- X Valuables (jewelry, electronics, expensive clothing, etc)
- X Cigarettes, drugs, alcohol