



UCCD Family Picnic

Saturday, June 19

10am-6pm

Greenwood Park in Ajax
off Westney Rd.

Everyone is invited to
attend. Get to know all
of the families at UCCD
at this FUN event.

2010 Banquet—A Success!

This year, the theme was RED CARPET and everyone came in their best outfits. It was great to see athlete, coaches and families all dressed up. The evening started with paparazzi snapping shots of our fashionable guests. After dinner was served, the awards show began with the coach awards.

Each coach presented all of their athletes with certificates and then gave top honours to several of their athletes.

The athletes were in on the giving as well. The Athlete Choice Awards are voted on by the athletes themselves.

The recipients of the ACA were:

1. Favourite Male Youth Athlete—Davic Stewart
2. Favourite Female Youth Athlete—Simone Shanks
3. Favourite Male Jr/Sr Athlete—Andrew Francis
4. Favourite Female Jr/Sr Athlete—Kencyn Stewart
5. Favourite Male Open Athlete—Yiorgos Kourkounakis
6. Favourite Female Open Athlete—Nicole Kraumanis
7. Favourite Male Coach—Spencer Bokstein
8. Favourite Female Coach—Nicole Kraumanis
9. Favourite Flyer—Paige Moreira
10. Favourite Jumper—Kencyn Stewart
11. Favourite Base—Spencer Bokstein
12. Favourite Dancer—Paige Moreira
13. Favourite Performer—Andrew Francis
14. Favourite Tumbler—Yiorgos Kourkounakis

Thank you to all that came. We had over 335 people in attendance. Thanks to George for being a great DJ as well.

May Competition News

Ultimate Canadian Cheer and Dance continues its path of success! In May, the program took home more honours.

Cheer Alliance Nationals—Funky Katz and Panthers were name national champions, as well as duos of

Simone and Paige (mini duo), Egor and Andrew (sr duo) and Kencyn and Davic (jr duo).

CA Wonderland—The Tigers and Super Cats did extremely well at this event. In fact, Tigers had their best finish of the year...2nd place.

Mexico—The Wildcats competed at the largest competition in Mexico winning their division and being named grand champions in level 4, 5, and 6. They also won best basket toss, best jumper, and best tumbler.

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Special Awards

Congratulations to:

- 2009-2010 Athlete of the Year
Christina Sanidas
- 2009-2010 Coach of the Year
Ashley "Chuck" Cameron

Membership Drive—2 Great Contests Where You WIN BIG!

Contest Dates:

June 1, 2010—August 31, 2010

Every summer, we have a membership drive and this summer is no exception.

Referrals must be reported by you to Tia at our front desk. It is the responsibility of the athlete to report their referrals.

For every person you refer that becomes a member, win. That's right, your UCCD account will be credited as follows for each referral :



Earn money for each referral.

Basic members—You make \$15

Rec members—You make \$25

Comp members—You make \$35

Summer Membership Contests

Contest #1 - Raffle

You receive 1(one) entry for each referral of a new member. At the end of the contest, we draw names for the winners. The 2 winners will receive \$250 toward their UCCD account.

Contest # 2—Most referrals

The person that refers the most new members during the contest dates will receive \$250 toward their account.

New Policies, effective June 1, 2010

Private Lessons—Private lessons are now going to run similarly to our classes. Which means that a 1/2-hour private lesson will be 25 minutes in length, while an hour session will be 55 minutes.



This is to accommodate time to prepare, discuss, etc. for each athlete and coach.

Referrals—All referrals will be credited to your account when you ask for them. If a friend of yours registers, please inform Tia at the front desk so that you will receive the credit. Otherwise, we might forget to do it.

Summer Practice Apparel—

During the summer months of June and July, you are FREE to wear whatever shirt and shorts that you prefer. *They do not have to be UCC.* We will begin our seasonal apparel policy in August. Until that time, please wear a shirt, shorts, and sneakers that you are comfortable in.

New UCCD Apparel—Orders for new apparel are due July 15.

Athletes at UCCD will have some exciting new options for practice apparel this year. We will be taking orders until July 15th for practice and performance gear. The order forms will be available online and at the front desk .

Many people do not like the fact that they can only wear one shirt all year long. So, we have created alternate items that you

may wear at practice. The items include, but are not limited to:

A T-shirt, tank, long-sleeve shirt, sport bra, yoga suit, sweat pants, and more. Beginning September 1, you will be required to wear official UCCD apparel to practice. It is up to you which items and the quantity you buy.



- It will be mandatory to wear the official gear once we start regular season in September.
- So, get yours now!
- Turn in your order forms to Tia at the front desk before July 15.

Ultimate STAR Program—Are you a Star?

The STAR program is designed to provide alternatives for the hard working athletes in our gym. This program brings together top experts in physical and mental training, talented experts and an environment that focuses on the growth of the individual athlete.

The following is the June class schedule for the Ultimate STAR athletes:

Week 1— Fitness with a focus on core strengthening

Week 2—Mental Training with a focus on overcoming blocks

Week 3—Hip Hop to increase dance ability

Week 4—Tumbling with an Expert

Each day during the summer schedule (Mon-Thu), we allow STAR athletes to work on their own at their own pace, as well as participate in scheduled classes.

STARs have the ability to use the gym

at their own accord to further their own skills. Our goal is that the addition of the STAR program will improve the overall strength of all of our athletes, even those not in the STAR program.

If you are interested in becoming an Ultimate STAR, please review the information that is part of the tryout packet that is on our website.

If you are dedicated, devoted, and determined, then becoming a STAR is the next step in your EVOLUTION as an athlete.

SUMMER CAMPS are a BLAST at ULTIMATE!

Who's Who at Ultimate this Summer?

During the summer you might see some new faces, and you may notice some of our staff has new responsibilities. So, here is a description of some of the staff you will see this summer.

- Director—Jerry Mauldin, ext 223
- Competitive Program Coordinator—Nicole Kraumanis, ext. 229

- Competitive Rec/Recreational Program Coordinator—Taunya “Smurf” Lucas, ext. 229
- Dance and Special Events Coordinator—Ashley Cameron, ext. 231
- A/V Specialist—Yiorgos Kourounakis, ext. 231

- Office Manager—Tia Lebel, ext. 222

Smurf’s role is to take all of the comp rec and rec athletes and teams under her wing and provide them with the same attention that all of our athletes get. We want you to know that all athletes and teams are equally important to us and we think that adding Smurf is a step in the right direction.

Meet the Newest Staff at UCCD

Tia Lebel—Gym Manager

Tia is now your GO TO person for all account issues, pro shop orders, gym rentals, etc. Tia has a background in cheerleading and is experienced in customer service. She will be a great asset to our office management.

You can reach Tia at tia@ultimatecheer.ca



Tia

Smurf

Taunya “Smurf” Lucas—Competitive Rec and Rec Program Coordinator

Smurf, as she likes to be called, has been a member of UCCD for a couple of years as an athlete on the Wildcats. She coached Ryerson University cheerleaders and is great with kids.

smurf@ultimatecheer.ca

Booster Club News

First of all, on behalf of all the elected Booster Club members, I would like to thank everyone for voting us in. Please be assured that you have chosen a team that is dedicated to you and your needs. We are committed to working together to ensure that the athletes of UCCD are the beneficiaries of our fundraising efforts and social functions, but more importantly they experience an overall sense of belonging to the UCCD community. We stand united to do all we can to raise as much money as possible to support our athletes and our Gym.

Throughout the coming year we will be organizing many events and in doing so will need your help in bringing our events to fruition. This year, we have divided the Booster Club into 4 committees: Fundraising Committee, Spirit/Pep Committee, Networking/Promotions Committee and Social/Events Committee. If you are interested in being a part of any of these committees please email myself, Vic Moreira at boosterclub@ultimatecheer.ca

In the email, please include your first and last name - your telephone number and which committee you are interested in being a part of. It would also be helpful if you tell us the first name of your child, and what team they were on this past season, if applicable.

Because our UCCD families come from different backgrounds and disciplines, with varying experiences and contacts - we are also looking for any ideas you may have for a new event or unique fundraising idea. In addition if you or the company you work for would like to donate items or prizes for any of our events, either to be raffled off or donated, please do not hesitate to contact myself or Hazel Shanks with your details.

The Booster Club is also looking for contacts who can supply us with discounted food and snack products for our picnic and other events - for example if you work for or know of a contact who works for Maple Leaf foods, Coca Cola, Hostess or Weston Breads or anything that you think would be helpful, please let us know.

In addition to volunteers, we know that a lot of our athletes need to earn community service for their school programs, so we are also looking for students who need to put in their time.

The Booster club will be launching an advertising newsletter for UCCD families who have their own business or can provide a service. For a nominal fee you will be able to have your company listed in the newsletter and possibly even include coupons or discounts to UCCD families.

Lastly, we want the New Booster Club to be inclusive to everyone, so please do your part and participate, with your help this will be a great year of fundraising for our athletes and the Booster Club.

Please feel free to contact myself, Vic Moreira at boosterclub@ultimatecheer.ca regarding any of the previously mentioned.

Vic Moreira

UCCD Booster Club President

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Please refer to our website often. We are trying to use the website, online calendar, and news section to keep you informed as best as possible.

We have listened to our customers and understand that constant emails might not be the best solution for spreading information.

Therefore, we are going to depend on our website for much of the information we need to deliver.

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