

## Competition NEWS!

The Wonderland competition moved to May 28th. Due to this date change, UCCD will not be attending the event. Instead, the teams that were supposed to be attending Wonderland will now go to Cheer Evolution Nationals in Niagara Falls.

## Tryout Information

Tryouts:

**May 31– June 2**

Team Packet is available April 1st.

Brief overview of tryouts and team placements on page 4 of this newsletter.

There are several new things about tryouts this season. Please be sure to check out the team packet for complete details.

Cheer Evolution scholarships provide financial assistance to several cheerleaders each year. Apply now at [www.canadiancheer.com](http://www.canadiancheer.com).

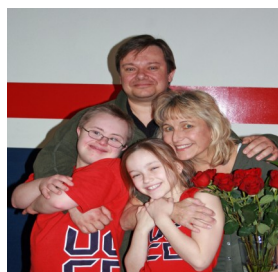
## Tumble 4 Karen was a HIT!

Our 2nd annual Tumble fundraiser was a huge success! Because the cause was for someone in our own community, the generosity poured in.

Last year, Tumble 4 Cancer raised about \$2000 for the Canadian Cancer Society. The funds raised went directly to the local charity. Spearheaded by Yiorgos Kourkounakis last season, the event become the 1st in what we hope will be many such events in the future.

When we thought about the event this year, we wanted

to bring it a little closer to home. The impact of this decision was immediate.



**The MacDonalds: Josh, Tim, Cassandra, and Karen**

Karen MacDonald, mother to two UCCD athletes, is suffering from a rare liver disease which is causing

her liver to fail. She is currently in line for a liver transplant.

We are proud to announce that we raised a little more than \$4500 for the MacDonald family. Thank you to everyone that participated.

The athletes participating in the event practiced their skills, entered contests, and had lots of fun. The day ended with a beautiful speech from UCCD member, Vanessa Pilieci. All in all, it was a great end to a great day!

## Private Group Lessons on the Rise

If you are looking for a great deal, then group lessons might just be what you need. Group lessons provide personal instruction at a lower cost per athlete.

Costs for group private lessons are split by each person in the lesson, thus making the fee smaller for each athlete.

**Lesson cost**=coach fee, plus \$10/additional athlete.

### Example:

Coach fee per hour—\$50 (For one person, that is \$50). For 4 people that same lesson would be \$80 (split by 4 people, that is only \$20 each)



## Provincials MVPs

**Munchkins**—Violet Switzer

**Kitties**—Mackenzie Thomas

**Kittens**—Kaitlyn Jolliffe

**Lynx**—Jessica Allen

**Bobcats**—Jennifer Regan

**Super Cats**—Hayley McCaw

**Stray Cats**—Heather McCance

**Cougars**—Carling Gray

**Leopards**—Melanie Parsons

**Tigers**—Craig Telfer

**Pumas**—Lindsay Munro

**Cheetahs**—Ashley Cammissa

**Wildcats**—Caitlin Melvin

**Panthers**—Haley Chau

**Jags**—Karl Pinnock

**Fierce Cats**—Ava Voss

**FUZE**—Claire Arbuckle

# March Competition Results

## Cheer Evolution Provincial Championships

Ultimate was a strong force at Provincials. From individuals to teams, from cheer to dance, we constantly were at the top of the leader board. We are proud of all coaches, athletes and the FANS!!!

## Dance Results

**Fierce Cats**—1st place , youth pom

**FUZE**—1st place junior pom, 1st place junior jazz

**Jennifer Cuaresma**—1st place senior individual

**Craig Telfer**—2nd place senior individual

**Hailey Romain**—1st place youth individual

## Pittsburgh Results

**Leopards**—2nd place

**Cheetahs**—4th place

**Tigers**—2nd place

**Pumas**—1st place, Jr. Grand Champions

## Cheer Team Results

**Munchkins**—outstanding performance Tiny

**Kitties**—4th Mini level 1

**Kittens**—Outstanding performance Mini

**Lynx**—6th yth level 1

**Bobcats**—2nd sr level 1

**Super Cats**—Outstanding performance special needs

**Stray Cats**—Outstanding performance parents

**Cougars**—4th Yth level2

**Leopards**—2nd Jr level 2

**Tigers**—3rd Sr level 3

**Pumas**—2nd Jr level 4

**Cheetahs**—1st Sr level 4

**Wildcats**—2nd open level6

**Panthers**—1st place, worlds bid

**Jags**—1st place, worlds partial paid bid

## Pittsburgh MVPs

**Tigers**—Niki Wright

**Pumas**—Simone Shanks

**Leopards**—Alanna Hewitt

**Cheetahs**—Avery Adore

**Pumas**—Simone Shanks

## Individual & Stunt Results

**Special Needs Individual**—Amanda Gibson 1st place

**Mini 3** – Rachel Perrin 1st place

**Mini Duo 3** – McKenna Gemmell and Catalina Bursey 1st place

**Youth 3** – Nicole Nasello 1st place

**Youth Duo 3** – Tiana Brown and Jaiden Bradshaw 1st place

**Youth 5** – Christina Zara 1st place

**Junior 3** – Christina Sanidas 1st place

**Junior Duo 3** – Kristi Wallace and Micheala Nedrick 1st place

**Junior 5** – Natasha Derlis 1st place

**Junior Duo 5** – Davic Stewart and Kencyn Stewart 1st place

**Male Senior 3** – Craig Telfer 1st place

**Female Senior 3** – Kelsey Willett 1st place

**Senior 3 Duo** – Tyra Slater and Haley Chau 1st place

**Male Senior 5** – Andrew Francis 1st place

**Senior Duo 5** – Emily Bayliss and Dayna Fox 1st place

**Male Open** – Marcelo Barria 1st place

**Senior Coed Partner Stunt**—Dayna Fox and Andrew Francis 1st place

**Coed Stunt** – Travis Stirrat and LA Meghie-Rodriguez 1st place

# APRIL 2011

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Spring Classic Open Gym 2-5pm
3	4 Spring Class Schedule Begins	5	6	7	8	9 GLCC- London Open Gym 2-5pm
10	11	12	13	14	15	16 2-4 STAR Workshop Open Gym 2-5 pm
17	18	19	20	21	22 CLOSED for EASTER	23 CLOSED for EASTER
24 CLOSED for EASTER Worlds Team practice 1:30-3:30	25 CLOSED for EASTER	26	27 Worlds Showcase	28	29 WORLDS	30 WORLDS Open Gym 2-5 pm

## Calendar Details

**April 2**—Spring Classic. All level 1 teams will compete at this event held in Mississauga.

**April 4**—Spring class session begins. Please note that the Winter class schedule is no longer valid. Visit our website for complete schedule.

**April 9**—GLCC in London. Panthers, Jags, and Wildcats will compete at this event.

**April 22-25**—Gym is closed for Easter.

**April 24**—1:30-3:30 Panthers and Jags have their last regular practice before Worlds.

**April 27**—Come watch the Panthers and Jags perform their routine before the leave for Orlando, FL to compete at the USASF Cheerleading Worlds.

**April 29-May 1**—WORLDS

**April 2, 9, 16, 30**- Open Gym

**MAY 1**—7:00pm  
Watch the Worlds teams' performances at UCCD on a huge screen

# NEW THIS SEASON!

Ultimate has made some great improvements to our program. Please be sure to read all of the complete information in our TEAM PACKET. Here are a few brief highlights.

At tryouts, athletes will be judged on their tumbling, jumps, motions/dance, and performance. All of these factors will be part of the decision when placing athletes on teams. Once tryouts are completed, athletes will first train for one month with athletes at their similar tumbling skill level. This will not necessarily determine the level of team they will be on.

**JUNE**—Each athlete will train at their USASF skill level. These levels are solely based upon tumbling skills. In order to train at a level you must meet the following prerequisites:

- Level 1—Does not have a back handspring
- Level 2—Back handspring, standing or running
- Level 3—Roundoff handspring tuck or roundoff tuck, and standing 3 back handsprings
- Level 4—Standing Tuck, and Roundoff back handspring layout
- Level 5—Triple toe touch tuck, and roundoff back handspring full or double full
- Open team athletes train as open athletes and not part of the Leveling system

**JULY-AUGUST**—Each athlete will be placed on teams. Their placement will be determined by many factors:

- USASF tumbling level primarily
- Jumps, Stunts, Performance, Attitude, Work Ethic, and overall team composition and needs

The coaching staff reserves the right to place people on the teams that we feel best suit the athlete and the overall gym needs.

We are going to strictly adhere to these leveling guidelines. Please understand that levels for June and team placements in July may not relate at all to the level or team that you were on this season.

## ***New season, new standards!***

**LIONS**—Level 1 Competitive Team. We are listening to our customers and we also believe that we need more options at level 1. So, this season we are going to offer a level 1 team as part of the competitive program. They will follow the same guidelines as the other competitive teams. We are very proud of this addition to the program!

